

SOPHIA CANTONI

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EDUCATION

Texas A&M University, College Station, Texas

Pursuing a B.S. in Biomedical Sciences / Minor in Public Health

WORK EXPERIENCE

Conroe Aquatic Center, Conroe, Texas

Lifeguard, August 2016 – May 2020

Water Safety Instructor, May 2017 – August 2022

Head Lifeguard, May 2020 – July 2023

Texas A&M Entomology, College Station, Texas

Undergraduate Research Assistant, August 2022 – Present

Texas A&M College of Veterinary Medicine and Biomedical Science, College Station, Texas

Teaching Assistant, January 2023 – May 2023

ORGANIZATIONS

FLO, College Station, Texas

Staff Member – Committee Leader; Executive; Big, August 2021 – 2023

The Big Event, College Station, Texas

Staff Assistant, August 2022 — May 2023

AWARDS & CERTIFICATIONS

- Incarnate Word Academy Distinguished Leader Award
- Incarnate Word Academy Student Athlete Award
- **Dean's Honor Roll (BIMS)**, August 2020 – May 2021; January 2023 — May 2023
- **Distinguished Student (BIMS)**, August 2022 – December 2022
- American Red Cross Certification in Lifeguarding and Waterpark Skills
- American Red Cross Certification in First Aid
- American Red Cross Certification in CPR/AED
- American Red Cross Certification in Emergency Oxygen Administration

VOLUNTEERING

SIRE Therapeutic Horsemanship, Volunteer, August 2016 – March 2020 (250 hours)

Southern Jewels (Supporting Houston SPCA), Founding Member, August 2018 – May 2019 (100 hours)

Peer Notetaker, August 2020 – May 2021 (85 hours)

The Big Event, August 2022 — May 2023 (150 hours)